Checking a Responsive Adult

1. Interview the person (or bystanders) using SAMPLE.
   - $S$ = Signs and symptoms
   - $A$ = Allergies
   - $M$ = Medications
   - $P$ = Pertinent medical history
   - $L$ = Last food or drink
   - $E$ = Events leading up to the incident

2. Do a head-to-toe check.
   - Look and feel for signs of injury, including pain, bleeding, cuts, burns, bruising, swelling or deformities.

3. Provide care for any conditions found.